

Glounthaune COMMUNITY NEWS

Sept / Oct
2021

CELEBRATING OUR NEW CYCLE PATH & MEGA BIKE RAFFLE



THIS ISSUE IS SUPPORTED BY A
GRANT FROM CORK COUNTY
COUNCIL'S AMENITY FUND
SCHEME 2021

We will be celebrating Glounthaune's new Cycle Path on Sunday the 10th October, from 1-3pm with a kids 'fun-ride'. So get your kids on their bicycles, tricycles, scooters, roller-skates etc. and come and celebrate our new cycle path with us. Setting off from Fitzpatrick's shop any time between 1pm and 3pm, make your way down to the Elm Tree where refreshments will be provided. And look out for other treats along the way.

And just in case the opening of the new cycle path wasn't enough, we have 2 brand new bikes up for grabs to mark the occasion. Raffle tickets will go on sale on the 10th September at your local post office, shops and online. More information will be provided via our Facebook page and email mailing list, which you can add yourself to through our website www.glounthaune.ie if you're not already on it! Your support will be greatly appreciated. A fabulous prize for two lucky people and a fun day out for everyone. The lucky winners will be drawn and announced at the Elm Tree at 2.00pm on the day.

We would like to take this opportunity to thank Mr. Thomas Cahill and Mr. Nicholas Roche of Roca Sports Ireland Unit B1, Fota Retail Park, Carrigtwohill and the local businesses for sponsoring one of the bikes, and giving us the second at a reduced rate. All sponsors will be individually thanked in our next edition of the Glounthaune Community

Association newsletter. Proceeds made from the raffle will go to Glounthaune Community Association whose funds have been depleted over the lockdown.

Glounthaune Community Association have been a stalwart in our community over many years and have completed many enterprising projects. A big thank you to all the volunteers in the Glounthaune Community Association who give up their time and energy in an age where time is a precious commodity.

See you all on Sunday the 10th October and don't forget to buy your raffle ticket!



Pictured: Mr. Thomas Cahill of Roca Sports, Unit B1, Fota Retail Park, Carrigtwohill with 2 shiny new bicycles for our raffle. One has been kindly donated by Thomas of Roca Sports and another funded by local businesses..

Glounthaune Community Association
presents

UPSTART

FESTIVAL
GLOUNTHAUNE

Saturday 25 September 2021
4pm to 9pm



PRETTY HAPPY

A COW IN THE WATER

flywheel

Fyünkay

TICKETS

€10 + booking fee



An Roinn Turasóireachta, Cultúir,
Ealaíon, Gaeltachta, Spóirt agus Meán
Department of Tourism, Culture,
Arts, Gaeltacht, Sport and Media



Comhairle Contae Chorcaí
Cork County Council

Event will comply with Covid 19 guidelines

UPSTART FESTIVAL GLOUNTHAUNE

Contributed by Carol Harpur

Glounthaune Community Association is thrilled that Glounthaune is one of the communities chosen to host an outdoor live performance as part of the Cork County "Cork Co Co Pops" Summer live performance series.

The open-air event, Upstart Festival Glounthaune, will take place on Saturday 25th of September and will be one of the final events of the summer series. All fingers are crossed for good weather on the day.

Four of Cork's most exciting rock/indie bands bring their sounds and energy to the outdoor stage. The headline act is the excellent and much hyped Cork Art-rock trio Pretty Happy. The opening band on the day are the 2020 UCC "battle of the bands" winner, Fyünkay. Adding to the line-up are two bands with local Glounthaune connections, A Cow In the Water and Flywheel. All of the bands are streaming on Spotify and the line-up really shows the talent in Cork at the moment.

The event, as a non-profit initiative, was conceived and planned by local music fans. The line-up was curated by the Glounthaune Vinyl Club. Many of the organising team are regulars of the Cork live music scene and like other music fans have really missed live gigs.

Organising a live event in the current circumstances is no easy feat and was made possible with financial support through the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media's local "Live Performance Programming Scheme", and is one of the final events in the Cork Co Co Pops summer live performance series provided by Cork County Council to support performers and bring live events to local communities.

The call out for volunteers was answered by an enthusiastic bunch. The working group to organise and produce the event has had a busy few weeks working together to plan and produce the event. A huge thank you to all the volunteers and those who assisted in bringing this event to Glounthaune!

Excitement is certainly building in anticipation of a great afternoon of live music. The event is for everyone over 16 years of age and takes place from 4 to 9pm at Craig's Field in Glounthaune, easily accessible by bicycle, train and bus. Further details and all the important Covid compliance guidelines and advice are available on the website www.upstartfestival.ie

Competition Time!

**Win 2 tickets to
GLOUNTHAUNE'S
UPSTART FESTIVAL
on 25th September**

Just answer the following
question:

**Q: What band won the
UCC Battle of the Bands
Competition in 2020?**

Email your answer to admin@glounthaune.ie along with your contact details, before Friday 17th September when the winner will be picked and announce on

AN UPDATE FROM YOUR COMMUNITY CENTRE

Below is a list of activities scheduled to take place in the Community Centre this autumn. Thankfully, Covid-19 restrictions are lifting and we can get back to all the activities we enjoy so much. All users of the Community Centre will still be working within the health guidelines.

The Community Centre office will be open Monday-Friday 11 am – 1 pm. Should you wish to meet with us and view the rooms in the Centre, with a view to making a booking, please email Kate Cuddy at admin@glounthaune.ie to make an appointment.

YOGA CLASSES

Kate Cuddy Yoga is looking forward to seeing you back on the mat from Monday 20th September! Classes are suitable for absolute beginners to more advanced practitioners. Learn to build strength, increase flexibility and soothe and calm the nervous system. There are 7 classes throughout the week to choose from. For more information go to katecuddy.yoga, email katecuddy@gmail.com or tel. 086 8214002.

CHILDREN'S ART CLASSES

Maeve O'Keeffe's art classes will be back for a 10 week term from Monday 27th & Wednesday 29th September 21.

Senior Infants - 2nd Class: Monday & Wednesday 3.00-4.00pm;

3rd Class - 6th Class: Monday & Wednesday 4.10-5.10pm

For more information contact Maeve at 087 6684021 or www.frazzledmammy.com

IRISH DANCING CLASSES

Jacintha & Lucy O'Sullivan's Imokilly Dancers, who's fabulous displays have entertained us over the years at our St. Patrick's Day celebrations, are delighted to be starting classes in Glounthaune on Wednesdays from 4-5pm. For more information contact Jacintha on 083 1622570, jacintha41@hotmail.com or find Imokilly Dancers on Facebook.

IRISH DANCING CLASSES

Suzanne O'Neill from the Cowhie-Ryan School of Irish Dancing are launching new Beginner Classes starting Monday August 30th. Classes are suitable for any school going girl/boy who would like to learn to Irish Dance, have fun and make new friends. Contact Suzanne O'Neill on 086 0266110, email suzanne.oneill26@gmail.com or DM with any questions.

ACCOUNTING GRINDS

Experienced Accounting teacher, Caitriona Maguire, will be starting group Accounting Grinds for 5th year and 6th Year students on Saturday mornings at 9.30 from September. For more information contact Caitriona on 087 8270681 or email cmmaguire0@gmail.com

FEELING CRAFTY SEWING CLASSES

Join Joanna O'Dowd for her 'Feeling Crafty' adult sewing classes. Wednesdays at 6.30pm and Saturdays at 10am. Starting 1 September 2021. For more information contact Joanna on 086 8563291 Email: joannasfeelingcrafty@gmail.com web: <http://joannasfeelingcrafty.com/> FB: <https://m.facebook.com/Joannasfeelingcrafty/>

FOXCLUBS CREATIVE WORKSHOPS

Foxclubs creative workshops for children from the ages of 5 - 10. These are fun and structured workshops to nurture the creativity of the community's children. Tuesdays Contact Sinead at contactfoxclubs@gmail.com

KIDS YOGA CLASSES

Laura Maybury will be starting Kids Yoga classes from October. Fun, fitness and mindfulness all wrapped up into one happy bundle. Thursdays at 5pm. For more information contact Laura at 085 7322233 or laura.maybury@hotmail.com

ZUMBA

Get fit and have some fun! Zumba is back on Wednesday nights from 7pm-8pm. Contact Tiffeny at tiffenymusic@gmail.com
Ministry of Zion Church. Contact Wilson Tamardoe email wilsonsamtardoe@ymail.com

And coming SOON.... (Start dates yet to be confirmed):

PHYSIOFIT PILATES CLASSES

Chartered Physiotherapist Clodagh McNally recommences her PhysioFit classes Mondays 7.15-8.30. For more information contact Clodagh.

FIRST MOMENTS excited to announce all NEW:

Baby Massage, Parent & Baby Dance, Parent & Baby Fit classes. For more information contact Giada 089 4711702, firstmoments@gmail.com or Facebook
<https://www.facebook.com/First-Moments-107400148249618/>

STEPS

Senior Fit Dance, Adult Dance Fit, Kids Dance. A fun way to get fit for all ages and abilities. For more information and to book your place contact Giada 089 4711702, steps.dance.ie@gmail.com or find 'Steps' on Facebook.

GRAMAPHONE CIRCLE

This is a social gathering of music enthusiasts, sharing a wide variety of tastes, genres and time periods. They hope to be returning to the Community Centre on Thursday evenings at 8pm. For more information contact Michael Burke 085 1435080.
or email michaelburke1938@gmail.com

And coming SOON.... (Start dates yet to be confirmed):

BRIDGE CLUB

Tuesday nights from 7pm. For more information contact Jim Mason 086 2666792.

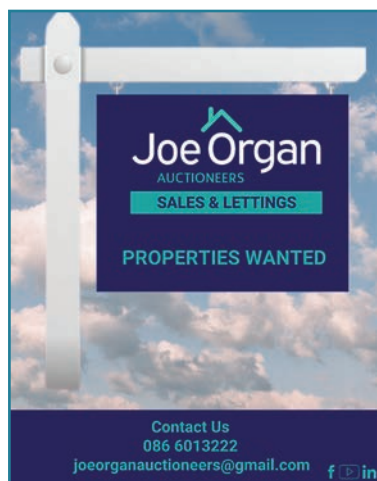
MEALS ON WHEELS

This fantastic Community service provides meals, cooked and delivered, to the elderly or infirm from a purpose-built kitchen in the Community Centre. New volunteer cooks and drivers are always welcome. For more information contact Pauline Walsh 087 2870409



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Cork North Central

I am contactable by email and phone should you require assistance (see contact details below).

Stay safe and follow the public health guidelines.

Colm Burke



46 Thomas Davis Street (Old Post Office), Blackpool, Cork
021 456 4552 / 087 259 2839 / 01 618 3115

Email: colm.burke@oir.ie





RUNNING GROUP 2001



Contributed by Kate Cuddy

Many congratulations to everyone who participated in this year's Kate Cuddy Yoga, Couch-2-5k training programme. Kicking off in Craig's Field on 1 June our new runners began jogging for just 60 seconds at a time. 10 weeks later they were all running a full 5 kilometres (taking somewhere between 35 and 45 minutes) and making lots of new friends along the way.

This is a huge achievement and required a lot of commitment and stamina. So well done to all concerned. Many thanks to Richard Cuddy for his coaching, Paul Hayes from Flower Power for sponsoring the prizes for the finishing run and for providing us with a very elegant finishing line! Thanks too to the Rising Tide for the finish line celebrations. It is very much a community event.



ERIN'S OWN HURLING AND FOOTBALL CLUB



ERIN'S OWN DEFIBRILLATOR

The defibrillator at the Erin's Own GAA grounds has been move outdoors and is now located on the wall close to the club museum.

In case an emergency should arise the club are organising a defibrillator and CPR course, under the guidance of East Cork Rapid Response. This course is free of charge, for members who wish to become competent in the in the use of Automated External Defibrillator (AED).

The course will teach participants the techniques of CPR and how to use an AED, and the relief of choking for adults and children.

The course will be held outdoors, weather permitting, or otherwise in the Hall where social distancing will be observed.

Contact Tom Aherne, chairman, at 087-9477801 or Mary Bowen, PRO, at 085-2050125



ERINS OWN HURLING AND FOOTBALL CLUB



UPCOMING FIXTURES

There is a lot of fixtures up and coming in September. Notably, we have one big weekend of hurling with the weekend starting the 10th of September. On the Friday night (10th) our Senior Hurlers meet Blackrock in the first match of their 2021 Senior Hurling Championship in Pairc Uí Rinn. On the Saturday (11th) our Junior A Hurlers meet Carraig na Bhfear at 6pm (venue: tbc). Our Junior B hurlers play Cloyne at 6.45pm on Monday the 13th. We are also hosting the Intermediate Hurling Championship between Youghal and Eire Og on the 12th of September at 2pm in Caherlag.

The following weekend, our Senior Hurlers are out again against St. Finbarrs (time and venue tbc). We are not sure of ticket allocations for any of the above yet but keep an eye on our social media pages for updates!

REDFM SENIOR HURLING LEAGUE

Our Senior Hurlers won the RedFM Senior Hurling League Division 2A league on the 15th of August. We met with Kanturk in the final and it was a tough match with extra time being played. It was a great win and boost for the club with the team showing great spirit and determination throughout. Well done to the players and management team.

Cllr. Sheila O'Callaghan





FIANNA FÁIL
THE REPUBLICAN PARTY

*For advice or
assistance on local
issues please contact
me.*

 086 1940762
  Cllr. Sheila O'Callaghan
  sheila.ocallaghan@cllr.corkcoco.ie



ERINS OWN HURLING AND FOOTBALL CLUB



U18'S

Our U18 team have been extremely busy the last few weeks, getting into the finals in two competitions. The U18 Football team beat Passage in the East Cork Semi-Final, a match which took a replay to decide the winner. They now move onto the East Cork Football Semi Final.

The U18 Hurlers are through to the Mid South Hurling Final after defeating Douglas. The final is due to be played the 5th of September.

CORK PLAYERS

Erins Own would like to congratulate Oran O' Regan on winning a Minor All Ireland medal with Cork. It had been 20 years since Cork won a Minor All Ireland and the last time it was won, the team was captained by our own Tomás O'Leary. Well done to all involved in the Minor Hurling Team.

A massive well done also to our players involved in the Cork Senior Team, Robbie and James O'Flynn, although they may not have won the final, it was great to see such a buzz

GOLF CLASSIC

Our Annual Golf Classic was held in Cobh Golf Club last month and was a great success again this year after it not being held last year due to the COVID-19 restrictions. The club greatly appreciates the support of our golf classic sponsors, especially this year's main sponsor, O'Flynn's.

A special word to our Golf Committee who worked extremely hard to put this day together.

SOCIAL MEDIA

Be sure to follow our social media pages on Facebook (Erins Own GAA Club, Cork), Instagram (@erinsowngaa) and Twitter (@erinsown_gaa) for up to date fixtures, results and news.



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ART CLASSES



Contributed by Maeve O'Keeffe



Great news! After almost a year of extra-curricular activities being cancelled due to COVID-19, it's fantastic that arts classes can now resume. In recent weeks, like many others, I've been waiting for a government announcement to reopen the arts sector. On August 31st our Cork Taoiseach imparted the good news and it's full steam ahead for the arts!

One of the 'to-do' tasks was to redesign my Frazzled Mammy website and Facebook Page with updated information and images. Instead of showing the frustrated Mammy angrily waving the Hoover at her young scamps as they climb through the window and drag mucky footprints across the floor, I redrew the characters in an art class setting. A young boy is enthusiastically swishing paint across a canvas, oblivious to the spatters landing on the Mammy's hair and clothes! Thank heaven for having a Tech-savvy young person at home who did the hard graft of converting my drawings and text into a well organised website. I'm looking forward to starting my Autumn term of children's art classes. Dates and times are as follows:

Glounthaune Community Centre from Mon 27th & Wed 29th Sep, 10 weeks,
Senior Infants - 2nd Class : 3.00-4.00 pm,
3rd - 6th Class: 4.10-5.10 pm

My Place Hall, Middleton from Tuesday 28th Sep, 10 weeks,
Senior Infants - 2nd Class: 3.30-4.30 pm,
3rd - 6th Class: 4.40-5.40 pm

The Pike Hall, Glanmire from Thursday 30th Sep, 10 weeks,
Senior Infants - 2nd Class: 3.00-4.00 pm
3rd - 6th Class: 4.10-5.10 pm

My drawing and acrylic painting classes for adults will begin in St. Colman's Middleton on Tuesday Sept 28th at 7.30pm. For more information check out my website www.frazzledmammy.com or Facebook page FB: www.facebook.com/frazzledmammy or contact me at 087 6684021.

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100 Chicken Drumsticks
100 Mini Vol Au Vents
500 Cocktail Sausages

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Party Pack 2 (50 People)

50 Assorted Sandwiches
& Wraps
150 Cajun Chicken Wings
250 Cocktail Sausages
100 Party Size Cakes

€ 420.00

Party Pack 3 (25 People)

25 Assorted Sandwiches
150 Honey & Mustard
Cocktail Sausages
75 Chicken Goujons
25 Party Size Cakes
25 Choc Biscuit Cake Fingers

€ 225.00

Party Pack 4 (20 People)

20 Gourmet Sandwiches
60 Chicken Goujons
60 Chicken Yakatori Skewers
30 Party Size Cakes

€ 190.00

Party Pack 5 (15 People)

15 Gourmet Sandwiches
45 Duck Spring Rolls
45 Shrimp Tempura
45 Chicken Yakatori Skewers
15 Cupcakes

€ 190.00



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JIM MURPHY SAYS "Thank You"

Due to an old sports injury, I became hospitalised which resulted in the amputation of my right lower leg in late May. I left hospital in a wheelchair, and in the meantime the first steps towards a prosthesis (artificial leg) have taken place.

I am grateful and amazed at the tremendous level of concern and goodwill that Ingrid and I have received from literally hundreds of people in our Glounthaune community in the past few months. I thank each and every person for your good wishes, generosity and support.



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POWERS OF ATTORNEY



Contributed by Teresa O'Sullivan, Douglas Law Solicitors

There are two types of power of attorney allowed under Irish law:

- A power of attorney which gives either a specific or a general power and ceases as soon as the donor (the person giving the power to another) becomes incapacitated.
- An enduring power of attorney which takes effect on the incapacity of the donor.

Both cease on the death of the donor.

A power of attorney can be either:

- Specific - Limited to a particular purpose, for example, sale of your house in your absence, or for a particular period of time.
- General - Entitling the attorney to do anything you could do.

A general power of attorney allows the attorney to take a wide range of actions on the donor's behalf in relation to property, business, and financial affairs. They can make payments from your accounts, make provision for your needs, and make appropriate gifts to your relations or friends.

You do not need a solicitor to create a general power of attorney. It can be created when signed either by you or at your direction and in the presence of a witness. However, you should get legal advice before you sign a form appointing someone else to manage your affairs. You can appoint anyone you wish to be your attorney.

A power of attorney is no longer valid if you become mentally incapacitated.

ENDURING POWER OF ATTORNEY

An enduring power of attorney only takes effect when the donor becomes mentally incapacitated and no longer able to manage their own affairs.

The EPA can give general authority to the attorney to do anything that the attorney might lawfully do or it may merely give authority to do specific acts on your behalf.

The attorney may make certain personal care decisions on your behalf - these must be made in your best interests, must be in accordance with what you would have been likely to do and the attorney must consult family members and carers in making these decisions. The attorney is considered to be acting in your best interests if they reasonably believe that what they decide is in your best interests.

It does not include health care decisions, although the borderline between personal care and health care decisions is not always clear. However, it seems clear that the attorney does not have the power to make a decision as to whether or not a person suffering from dementia should undergo surgery.

You must have the mental capacity to execute an EPA. If you become mentally incapacitated and have not executed an EPA, the person who wants to look after your interests can apply to the High Court to have you made a ward of court.

The procedure for creating an enduring power of attorney is much more complex than that for creating a general power of attorney.

CREATING AN ENDURING POWER OF ATTORNEY

Because the enduring power of attorney involves the transfer of considerable powers from you to another person, there are a number of legal safeguards to protect you from abuses.

The procedure for executing the enduring power of attorney is complex and you have to use a solicitor and a doctor. The enduring power can only come into effect when certain procedures have been gone through. The courts have a general supervisory role in the implementation of the power.

The document creating the EPA must be in a particular format and must include the following:

- A statement from you that you understood the effect of creating the power.
- A statement by a doctor verifying that in their opinion you had the mental capacity at the time that the document was executed to understand the effect of creating the power.
- A statement from a solicitor that they are satisfied that you understood the effect of creating the power of attorney.
- A statement from a solicitor that you were not acting under undue influence and had the capacity to understand the effect of creating the power of attorney.
- A statement by the chosen attorney or attorneys that they understand their obligations and agree to be an attorney.

At least 2 people must be notified of the making of an EPA, none of whom will be

the attorney. One of the notice parties must be your spouse or civil partner if living with you. If this does not apply, one of your notice parties must be your child. If neither is applicable, one of the notice parties must be any relative (that is parent, sibling, grandchild, widow/widower/surviving civil partner of child, nephew or niece).

WHO CANNOT BE APPOINTED AS AN ATTORNEY?

An enduring power of attorney may be granted to individuals or trust corporations but may not be granted to the following people:

- People under the age of 18.
- Bankrupts.
- People convicted of offences involving fraud or dishonesty.
- People convicted of an offence against you.
- People disqualified under the Companies Acts.
- An individual or trust corporation who owns a nursing home in which you live or an employee or agent of the owner, unless that person is also your spouse, civil partner, child or sibling.

WHEN SHOULD AN ENDURING POWER OF ATTORNEY BE REGISTERED?

The EPA only fully comes into force when it has been registered. However, once an application to register the EPA has been made, the attorney may take certain limited actions in accordance with powers granted in the EPA to maintain you and prevent loss to your estate. The attorney may also maintain themselves and other persons, in so far as it is permitted under Section 6 (4) of the 1996 Act. The attorney may also make

any personal care decisions permitted under the powers that cannot reasonably be deferred until the application for registration has been determined.

Also, in certain circumstances before the EPA is registered, application may be made by an interested party to the court to exercise the EPA's powers under Section 12 of the Act.

In order to register an EPA, the future attorney makes an application for registration to the Registrar of Wards of Court, once there is reason to believe that you are or are becoming mentally incapable. The attorney must have a medical certificate confirming that you are incapable of managing your affairs.

Five weeks before making this application, the attorney must notify you and the notice parties of his/her intention to do so. Within the 5 weeks, the donor or a notice party can lodge a notice of objection on one of the grounds given in Section 10 (3) of the Act with the Registrar of Wards of Court.

THE ROLE OF THE HIGH COURT

The High Court has an extensive supervisory role in respect of the EPA. Among other things, the court has power to give directions about the management and disposal of your property. The court may confirm the revocation of a power of attorney if it is satisfied that you were mentally competent to revoke it. The court can order cancellation of the power where it is satisfied that:

- You are mentally capable and likely to remain so
- The attorney is unsuitable
- Fraud or undue pressure was used to induce you to create the power

REVOCATION OF AN ENDURING POWER OF ATTORNEY

The donor, if mentally capable, can revoke an EPA at any time before an application is made to register it. Once the EPA has been registered it cannot be revoked even if you are, for the time being, mentally capable unless you make an application to court.

TERMINATION OF AN ENDURING POWER OF ATTORNEY

An EPA ceases on the death of the donor. However, there are other circumstances in which an EPA ceases to have effect. For example, where a spouse or civil partner is the attorney, the EPA ceases where:

- The marriage/civil partnership no longer exists due to annulment, divorce or dissolution.
- A judicial separation is granted or the couple enter into a separation agreement.
- A protection, barring or similar order is made on the application of either spouse/civil partner.

An EPA ceases generally where the attorney becomes one of the people listed above who cannot be granted enduring powers of attorney. The court can make an order cancelling an EPA where, for example, it finds the attorney is unsuitable.

REGISTER OF ENDURING POWERS OF ATTORNEY

The Office of Wards of Court maintains a register of EPA instruments which have been registered in the office. The register can be viewed by the public for free. A fee of €15 is payable if you wish to take a copy of an entry in the register.



“THE SCHOOL AROUND THE CORNER”



Contributed by Gerry Ryng

The former schoolhouse in Glounthaune village, the present-day Community Centre, was previously the location of the 1803 built Quay Church and also the first school which was built in 1825. This school was a two story structure and the girl pupils were taught in the upstairs room. The annual Division Inspector's reports extending back to this era make interesting reading and the condition of the building is highlighted to a great extent. A report in January 1854 advises that; “teachers should keep the house as clean and tidy as possible and they should see that the pupils come to school with clean hands and face”. A June 1856 report remarks that; “the ceiling is in a bad way and mortar is constantly falling down”.

The following is an extract from a February 1857 report; “the school is in a very bad state regarding proficiency of the classes. Not one of the thirty seven pupils present today was able to work the following sum in simple subtraction; forty thousand, minus nine hundred and one. If I should not find a marked improvement at the next inspection; I shall certainly advise the manager to seek another teacher”.

A September 1859 report states; “the room is too small for the number in attendance”. In March 1875 the Inspector pointed out that the ventilation should be attended to. An October 1876 report refers to the fact that the description “National School” does not appear on the schoolhouse and the Inspector orders that; “it should be put up at once”.

The condition of the building is again referred to in a March 1878 report; “the ceiling needs repair and the walls in some parts should be re-plastered”. A September 1885 report remarks that; “the room is too small and the noise overhead interferes with the work of the school”. This is also referenced the following year; “the school room is not well adapted for teaching purposes, the slightest noise from the children overhead being heard all through the room beneath, moreover the school-room is regularly overcrowded”.

An Inspector's report pertaining to a visit on September 16th. 1887 offers an interesting appraisal and it also gives an insight relative to the subjects taught at our local national school more than one hundred and thirty years ago; “junior classes passed in general a very fair examination. The proficiency in Grammar was extremely unsatisfactory and in Agriculture almost equally so. Geography and Book-keeping showed very poor results and the proficiency in Geometry and Algebra, taught as extra branches, was very meagre. The failures in Arithmetic were very numerous”.

The urgent necessity of proper out-offices is highlighted on an April 19th. 1888 report. The Inspector advises; “when I entered the school-room this morning about one dozen senior boys had gone away from the school premises, some of whom did not return until shortly before three pm. In September 1889 the Inspector remarks; “the school-room is most uncomfortable and the furniture is very old. The noise caused by the girls' school overhead is at times most harassing”.

Further dejection emanates from a February 18th. 1890 report as the Inspector again refers to the condition of the building; "I beg again to call the Rev. Manager's attention to the necessity of providing more suitable accommodation".

The Inspector had welcome news in September 1891; "it gives me pleasure to learn that steps are likely to be taken soon towards providing a better schoolhouse". In September 1893 the Inspector remarks; "I think the teacher has worked steadily during the past year however the wretched accommodation was greatly against him".

On July 20th. 1898 Cork County Council accepted the site for a new school and the good news story was confirmed per the Inspector's report of September 13th. 1900; "the manager is taking steps to have a suitable new building erected immediately". In a February 1901 report there is reference again to the interior condition of the school-room; "the floor should be well swept every evening and the desks should be dusted every morning. The teacher's desk is very dusty today and also the seats and bookshelves. Pupils should be prevented from spitting on the floor as this habit is both dirty and dangerous". The Inspector followed up on this later that year; "when I was approaching the school I saw the teacher coming from the direction of his own home towards the school. Drill should have been going on but it was not. His attention has on several occasions been directed to the dirty habit of spitting on the floor which prevails in the school. I regret to say that sufficient attention has not yet been paid to this matter".

A report issued by Inspector W. Bartley on October 9th. 1901 contains the joyful news that "the school is held in the new school-room today. The new house is well furnished, commodious and cheerful but I am sorry to say that the floor is not kept as clean as it should be. There will be no excuse for any untidiness in the room in future. Also the ventilation of the room should be attended to at play-time and the pupils should be evenly distributed over the desks and should always sit in lines".

That schoolhouse is the pleasing and imposing building referenced at the outset and the plaque shows "New Glanmire National Schools 1901". The parish was known as Glounthaune from as far back as 1880 at least but perhaps the reason for the foregoing is because there were probably several other schools in the parish at the time. The Quay Church was built in 1803 and this date stone is incorporated on the western-facing wall also. In September 1981 the schoolhouse was replaced by the present-day Scoil Náisiúnta an Chroí Naofa at The Highlands.





HYDRANGEA PANICULATA CONFETTI



Contributed by Mary Kenneally www.hillsidenurseries.ie

Confetti has lightly scented flowers with beautiful, fine flower structure. Its flower panicles are a combination of white and pink with slightly green on top. Confetti blooms from early summer to late autumn.

This Hydrangea is compact (120 cm high, 75 cm wide) with a bushy growth habit and strong branches. Its compact shape makes Confetti perfect for small containers on terraces and balconies.




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GLOUNTHUANE COMMUNITY ASSOCIATION
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CORK COUNTY COUNCIL, PRESENTS

THE POSITIVE MENTAL HEALTH INITIATIVE

Tai Chi in the Marquee - Sat 10.30 (from 4 Sept.)
Teen Fitness Fridays- 6-6.30pm (from 10 Sept)
Therapeutic Art for Tweens - Sun 3pm (from 12 Sept)
Art & Nature Workshops - Sun 2pm (from 19 Sept)

AS NUMBERS ARE LIMITED ADVANCE BOOKING IS
ESSENTIAL.
PLEASE EMAIL ADMIN@GLOUNTHAUNE.IE FOR
MORE INFORMATION

THE GLOUNTHAUNE POSITIVE MENTAL HEALTH INITIATIVE

Thanks to funding awarded to us by the Cork County Council we are delighted to announce a full programme of activities over the coming weeks to promote positive mental health in our community.

It has been a difficult time for many of us. We have all been affected in one way or another by Covid-19 and the ensuing restrictions. We therefore wanted as many age groups to be able to benefit from this initiative.

AN INTRODUCTION TO T'AI CHI & QIGONG

Come and try some gentle, mindful movement in the shelter of the Rising Tide's marquee, or outdoors if the weather allows. This is suitable for adults of all ages and levels of fitness and mobility.

Learn of Forms/Sequences and moving meditation. Understand the History, Culture and traditional Chinese medicine principles of T'ai Chi and Qigong, and learn how to develop a home practice for the future.

Sessions will take place in the, Saturday mornings from 10.30 to 11.45 am. They are limited to a maximum of 15 people. Please book in advance through admin@glounthaune.ie

Dates: Saturdays 4th, 11th, 25th September and 2nd October.

Time: 10.30-11.45 am

Location: The marquee beside the Rising Tide

Cost: €20 for 4 week course

TEEN FITNESS FRIDAYS

The importance of physical exercise, in the fresh air, for our mental health is well proven. These 30-minute classes are aimed at the Teen Age Group (14-17). They will be

fun for all. You do not need to be 'sporty' - just willing to get your heart pumping and oxygenate your brain. No better way to kick off your weekend as you're settling back into your school routine.

Sessions will take place outdoors (as much as possible), with a maximum of 15 people. Please book in advance through admin@glounthaune.ie

Dates: Fridays 10th, 17th, 24th September and 1st October.

Time: 6.00 - 6.30pm

Location: Meet at the playground car park

Cost: FREE

THERAPEUTIC ART FOR TWEENS

Making the transition from child to teenager and from primary school to secondary school can be challenging. So, we are delighted to welcome Art Therapist, Rachel O'Leary to facilitate a series of workshops especially for the young teen age group. The purpose of these workshops will be to create a creative therapeutic environment for artistic expressions and also a supportive environment to introduce coping techniques that can be used in the participants' own time outside of the workshops.

Sessions will take place in Glounthaune Community Centre, on Sundays at 3.00pm from Sunday 12 September to Sunday 3rd October 2021. Please book in advance through admin@glounthaune.ie

Dates: Sundays 12th, 19th, 26th September, 10th October

Time: 3.00-4.00 pm

Location: Glounthaune Community Centre

Cost: €20 for 4-week course

THE GLOUNTHAUNE POSITIVE MENTAL HEALTH INITIATIVE *cont'd*

ART & NATURE WORKSHOPS

In this series of workshops with Artist Ashleigh Ellis, we will explore the gifts of our natural world through creative techniques, playing with natural materials and the abundant colour and texture they offer. Learn many processes that spark wonder and intuition, and allow space for yourself with nature journaling and immersive poetry. We will delve into the magic alchemy of cyanotype, natural dye and ink making, Japanese shibori techniques with indigo, and printing with flowers and leaves. Each workshop will cover a different process, so it is open to repeat attendees, or once off participants.

These workshops can accommodate up to 15 participants, and we will be working outside as much as possible, so dress for the weather!

Numbers will be limited to a maximum of 15. Please book in advance through admin@glounthaune.ie

Dates: Sundays 19th, 26th September, 10th & 17th October

Time: 2.00-4.00 pm

Location: Meet at the Community Centre Car Park

Cost: €50 for 4 week course or €14 per workshop

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LITTLE ISLAND'S RED MARBLE

Contributed by Patrick Twomey

From time to time one sees a reference to Little Island being a great source of production and supply of limestone especially for shipping ballast and for building stone, particularly at the end of the 18th century and the whole of the 19th. However limestone was not the only stone quarried on the Island as it was also noted, but to a much lesser degree, for its red marble.

It is likely that the marble quarries on Little Island were first commercially worked during the sixteenth century. It is recorded in the Lismore Papers, 1886 edition, by Alex B. Grosart at page 178, that Randall Clayton as business agent for the Lord Boyle (Baron of Youghal) was commissioned in December, 1617 to *"dig stones out of the ranse quarry at Little Island."* Twenty five tons of red marble was shipped to England. The cost was £6.5s and haulage to the quayside was 1s per ton.

Mr. Waters of Little Island carried out the work for Clayton. This marble was destined for Queen Anne for her building at Greenwich (The Queen's House). Lord Boyle, apparently, sent it as a gift to be used in the entrance hallway. This building still exists and now forms part of The National Museum at Greenwich. His generosity seems to have paid off, as he was created The Earl of Cork and Viscount Dungarvan a few years later (1620).



The present day members of Cork Golf Club are probably too focused on getting from tee to green on the 13th hole of the course to realise, as they play and walk from the tee, that the cordoned off marble quarry area was once a hive of activity from at least five hundred years ago and is a major heritage location.

When limestone is of a quality suitable for polishing it is traditionally described as

"Marble". It may not in fact be true marble in the strict geological sense. Marble is described at page 49 of *Stone, Brick and Mortar*, by Sara Pavia and Jason Bolton as follows:

"Marble is a metamorphosed limestone which consists of largely carbonates (Ollier 1984). Pure limestone becomes white marble, whereas impure limestones produce coloured marbles. An example of pure marble is the popular white Carrera marble from Italy. An example of impure marble is the Connemara marble from Galway, whose colour varies from green to brown and white".

It is likely that by the time Boyle placed his order in 1617, that the qualities of the marble quarries on Little Island were already well known and in production for some time previously. The production of marble never matched anything like the output of the adjoining limestone quarries, and thus never had the same major impact on employment in the area. Nevertheless they did form part of the overall heritage, and history of the Little Island quarrying industry. Generally speaking they appear to have been operated in conjunction with the main limestone industry, and generally by the same operators/owners. It is unlikely that steady markets were ever established, and therefore production more than likely moved a pace with demand. The marble was almost exclusively used in its polished state for indoor decorative purposes. It was also used from time to time on Little Island as rubble stone mixed with limestone in its unpolished state in boundary walls etc. It must be borne in mind that this marble came from a different location other than the limestone quarries, and thus this mixing of the different stone as rubble was rare enough.

Marble of course had multiple uses other than for building e.g. floor tiles, slabs for cladding, memorials, statuary, furniture, souvenirs, and jewellery. It was also used for mantle pieces, interior columns, and paving. In fact it is reputed to have been used in the aforementioned Queen's Building at Greenwich in the floor of the entrance hall of the building. There is an excellent example of a Little Island red marble, in the form of a sun dial in the garden of the present home of the Cantillon family in Little Island. There are also several large blocks of unpolished red marble in the recent rockery created in front of the fifteenth tees at Cork Golf Club.

Generally speaking, marble was not used to any great extent externally in buildings as it was prone to weather easily, and this of course very much restricted the demand for it.

Whilst Little Island is noted for its Red marble, this commodity appears to have been in short supply or perhaps more likely not nearly as much in demand as its illustrious colleague, limestone. Nonetheless, Little Island gets a few honourable mentions in relation to its marble in various historical articles and books, one of which is Smith's "The Ancient and Present State of the County and City of Cork" (First Edition 1750.) as follows:

"The best Irish reds in the market at the present time are produced in this County (Cork). They have been worked at Boreenmanagh, Churchstown and Little Island. They vary in colour from a red like jasper to streaked and variegated."

In an article written by Sile Ni Chinneide "A New View of Cork City", she recites the notes of a French Consul Charles De Coquiebert (1790) who kept a diary of his travels around Cork during the year 1790. He refers to industry in the Cork area and says the following:

"Ordinary grey Cork marble in polished slabs of one square foot an inch thick sells at between 2/6d and 3 shillings a slab. Harder types in black/white costs 3 shillings and a small island in the port contains a rose coloured variety." I believe it is very likely that he is referring to Little Island as the "small island". He goes on to say "In my opinion the best pieces of Cork marble are far superior to the kind called dove d'Italia that comes from Leghorn, and is bought in the City for 5 shillings just because it is foreign".



The location of the marble quarries on Little Island, as far as my research and local knowledge goes, are as follows:

(1) In Northridge's farm (formerly Martins) near the study field (Wallingstown). This is roughly where Irish Industrial Gas is now located. This quarry is now completely filled in.

(2). The previously mentioned 13th quarry on the Cork Golf Club links, Ballytrasna

(adjoining the Cantillon residence and walled in garden, aptly called Baile-na-Carraige) The quarry is still an interesting obstacle for golfers on the 13th tee – the short par 3. Probably not as much an obstacle now as it was in the early days of the course. Originally it was an intimidating shot from west to east of 103 yards, straight over the yawning opening of the quarry and at a risk of getting too close to the garden wall on the right if slightly off line.

(3) Perhaps in front of the second tee on the same course (Ballytrasna), in effect a continuation of number 2.

Little Island marble is reputed, according to local tradition, to have been used in the construction of St. Paul's Cathedral in London. There is no doubt it was used nearer home in Glounthaune Church in 1898 and there are excellent examples in the construction of St. Lappins (Church of Ireland) Little Island (1865), which has externally, several decorative courses of red marble, intertwined upon several courses of limestone, a very clever use of the types of limestone at it's doorstep. Local Marble was also used in the pillars underneath the choir stalls in St. Peter and Paul's church in Cork. St. Finbarr's Cathedral is also reputed to have used it (see reference later on to the Gargoyle), particularly in the baptismal font. The Little Island marble quarries whilst not as labour intensive as the limestone ones nevertheless, were well known for their product, both far and near as is fairly obvious in Prof. Rynne's reference to them in his book "Industrial Archaeology of Cork City and Environs":

"The principal red marble quarries within Cork Harbour were at Little Island and others. Little Island reds were used in Liverpool, Manchester exchanges, and in St. John's College at Cambridge, also in St. Finbarr's Cathedral."

Professor Rynne goes on to say Cork marble was so called because it takes a good polish like Kilkenny marble.

St. Peter and Paul Church in Cork City was built in 1866, and made extensive use of all types

of marble including, Little Island-Red. Marble from Churchstown Co. Cork in particular featured a lot, also black marble from Foynes, Sicilian marble, and Galway marble. It is very likely that its major use on the St. Peter and Paul Church project, encouraged further contracts for all Cork marbles thereafter. It is a fact that a substantial export trade in marble was built up for a period after the Church was built. It may be of relevance that whilst the architect who designed this Church was Pugin, an architect named Ashlin (he became Pugin's brother-in-law and business partner) had connections with Little Island. He was born in Carrigrennan Mansion house, and his family resided there and no doubt were very familiar with the quality and indeed quantity of both limestone and marble in the locality. Ashlin was deeply involved in the design and construction of Cobh Cathedral.

The three marble quarries on the Island which were worked, even in total, covered a relatively small area. None of them warranted a separate valuation in the Griffith valuation in 1853. Both the quarries at the Study (Martins) and the one at the 13th hole Ballytreasna, were little more than 25 yards by 25 yards in area, but were probably about 50 to 60 feet deep. The amount of stone quarried at any time was probably small, and certainly became difficult to remove as the quarry increased in depth. Unlike the limestone quarries which worked from a quarry floor open to the water, these marble quarries were eventually almost vertical holes in the ground, and thus difficult to work, and extract the stone.

There was relatively little access to the working area except by what could be described as a goat's pathway to the floor. It is unlikely that there were any serious mechanical aids in the early days at least, except perhaps some form of derrick. The stone was probably hoisted in trays or baskets, and in that regard the workers experience with ballasting vessels – especially mid-stream would have stood to them. The quality was the selling point for the Little Island "Reds" not the quantity. These three marble quarries unlike the limestone ones were some distance away from the water.

The Gargoyle on Red Marble:

"An near the limestone quarries at the Island you had Cork red - a lovely marble - that hasn't been quarried for years now, though at wan time a lot of it used be sent to England, they used it in Westminster. Wan of the grandest jobs you ever saw is the Baptismal font of Cork red marble at Saint Finbarr's above there. That is blood red marble. There is another quarry a mile or so away on the Island and it is not so good - a pale red with a lot of clay in it. At Middleton you had a damn fine marble they sent a lot of that to America."

These comments of the Gargoyle in Seamus Murphy's "Stone Mad" show a very detailed knowledge at least of the location of the marble quarries. Seamus Murphy's mother was of course a native of Little Island and Seamus a regular visitor with his family to his grandparents on the Island – particularly in his youth. The quarry the Gargoyle is praising is located at the 13th hole at Cork Golf Club, and the one a mile away is at Northridge's (formerly Martins) farm, as already mentioned now an Industrial site occupied by Industrial Gases.

Apart from being blessed with a magnificent golf course, Cork Golf Club has some real heritage jewels around its course.

GLOUNTHAUNE SUSTAINABLE DEVELOPMENT

Contributed by Glounthaune Sustainable Development

So we have hit five million!

News in the last few weeks confirmed the population had topped 5 million in Ireland and is now 6.8 million in the island of Ireland. This is our highest population in centuries, with more people returning than leaving our country. Of that population, 1.43 million live in Dublin – 28.5% of the total population. The concentration of the population in our capital is inconsistent with other countries: London is 16% of the population of England, Paris 18% of France, Amsterdam 6% of the Netherlands.

The government's Project Ireland 2040, which is a national planning framework for the country, looks to redress this balance by making the southern region – stretching from Waterford to Cork and up to Limerick as a balance to the concentration in Dublin, looking to further improve infrastructure and growth in the region. The population growth is great to see in our country but it brings the challenge of housing, which is a daily topic in our media and to people looking to get accommodation. There is constant discussion on how best to meet current and future demands. The government announced only in the last week it plans to build 300,000 affordable homes by the end of 2030 with a huge investment. This is very welcome. Add to that, according to the 2016 census, there are 180,000 vacant and derelict buildings in our country. That figure does not include second homes. We can see ourselves the blight in our villages, towns and cities of boarded up properties and particularly sad empty homes. It would be great to see this tackled in conjunction with the building of new homes. Add to that again, that there are 80,000 dormant planning permissions in the country and the numbers add up quickly. If all of these components were tackled, it could transform housing in the country.

So where does Glounthaune sit in all of this and how will we be effected. So Glounthaune has seen its own population and number of housing units explode since the 2016 census. As a locality, we probably have experienced the highest % growth in housing of any area in the country! Shortly we will approach the population of the likes of Kanturk. We have seen the lovely development of the new walk/cycle way locally, that will eventually stretch from Dunkettle to Midleton. But what we haven't seen any real change in are facilities and services. And this is really the crux of it all for our village – we are expanding into a town population without the associated facilities. It is critical for our locality and for our residents that we do not become one big housing estate and nowhere for people: young, old and everyone in between to go to for medical, sport, facilities, retail, education, etc. We have a train station, which is great, but that is only one part of the story.

LOCAL SUSTAINABLE DEVELOPMENT UPDATES

Bluescape (now Westhill)

The draft Cork County Development Plan (CCDP) 2022 to 2028 issued earlier in the year had dezoned Bluescape lands to agricultural essentially. Bluescape sent in their submission on the draft plan advising the council that they intend to make a 'fast track' application to An Bord Pleanála in August 2021 under the Strategic Housing Development (SHD) system.

This plan (the below map is information provided by Bluescape in their submission) proposes high density housing and apartments between Windsor Hill and the Ashbourne Walkway. The number of apartments proposed was as high as 150 number based on some of their earlier proposals.

Extract to the right taken from the Bluescape submission to the County Council
(a picture paints a thousand words)



Ruden Homes

Similarly the draft CCDP had rezoned some of their land by the school for amenities, very welcome, and dezoned the remaining land, returning it to agricultural essentially. We are likely to see a SHD application for these lands for over 100 housing units. The SHD has in the past looked to override County Development Plans.

Ashbourne House and Gardens

The planning application submitted for 94 units to the county council saw numerous submissions from the locality. The council has reverted to the developers to revisit their plans and resubmit an alternative.

Sustainable Development wants development that supports sustainable living for us, our children and their children. Sprawling housing estates will not provide that and we ask for your continued support to challenge for sustainable development and not developer/speculator lead development.



KNOW YOUR RIGHTS: FLIGHT AND HOTEL CANCELLATION

I have booked my own flight and hotel online. If I have to cancel what will happen to my money?

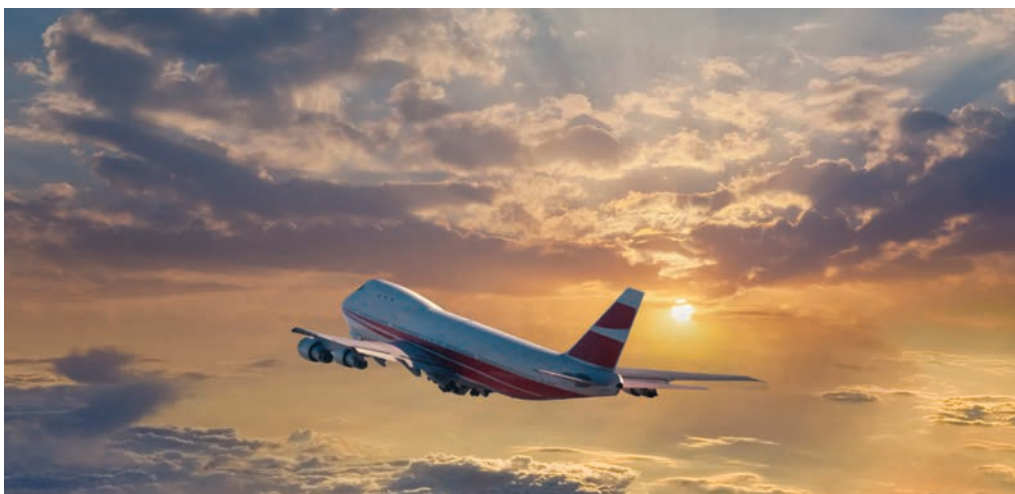
If you have planned a holiday where you booked the flights and hotel individually, you do not have the same level of protection as with a package holiday.

Your rights to cancel your flight and accommodation will be set out in the terms and conditions of the contract.

Cancelling your flight

If you have to cancel your flight or decide not to fly, you may lose the money you paid if the flight has not been cancelled by the airline or if you have not booked it as part of a package holiday.

If you booked the flight yourself you have no automatic right to re-routing or a refund. However, if you have to cancel because of COVID-19, you should contact the airline. Some airlines may be willing to offer you other alternatives like a voucher or credit note, or allow you to rebook your flight for a later date.



Cancelling your accommodation

Check the terms and conditions carefully to see what your rights about cancellation and refund options. You should contact the booking site if you need to cancel. In general, if you booked with a booking website, your contract is with the hotel and not the booking website. You may need to go to the hotel directly to ask for a refund. If you have a non-refundable hotel booking, it may be difficult to get your money back if you have to cancel.

Travel insurance

If you have taken out travel insurance to cover your holiday, check to see if flight and accommodation cancellations are covered. If you are not sure, contact your travel insurance provider directly to see if you can claim on your policy.



You can read more about travel during COVID-19 and your consumer rights on citizensinformation.ie. During the COVID-19 pandemic, you can find comprehensive integrated information online at citizensinformation.ie/covid19/ and you can get daily updates on what's changed on Twitter at @citizensinfo. You can also get information and advice from:

Further information is available from the Citizens Information Service below. Know Your Rights has been compiled by Citizens Information Service which provides a free and confidential service to the public.

Hollyhill CIC: (Tel: 0761 07 6850): Open to phone queries only Monday to Friday 10am-4pm

Blackpool CIC: (Tel: 0761 07 6890): Open to phone queries only Monday to Friday 10am – 4pm

Mayfield CIC: (Tel: 0761 07 6880): Open to phone queries only Monday to Friday 10am – 4pm

Information is also available from the Citizens Information Phone Service 0761 07 4000 or online at www.citizensinformation.ie

UPCOMING EVENTS IN GLOUNTHAUNE

The Positive Mental Health Initiative – a series of events to boost our mental health and wellbeing. Running from 4 September until 17th October (see page 20 for full details).

Upstart Festival – a mini music festival in Glounthaune's 'Craig's Field. 4pm - 9pm, Saturday 25 September (see page 2 for full details).

Celebrating our new Cycle path – Sunday 10th October at 3pm. Get your kids on their bicycles, tricycles, scooters, roller-skates etc. and come and celebrate our new cycle path with us.

Halloween Spook Trail – Sunday 31st October from 5pm. Due to the success of last year's event we are calling on everyone to pull out their Halloween decorations once again and decorate the 'Spook Trail'. If your house wasn't on last year's trail, see if you can get your neighbours involved and we'll see if we can extend it to include your area. Volunteers to pack and hand out goody bags would be welcomed.

Jesper Pedersen and the Upstart Festival

Long time Glounthaune resident Jesper, was in the Rising Tide for the Glounthaune Vinyl Club's 2019 Christmas Party when a friend, Ann Marie Hennessy asked: "Could we have a gig for next-year's party?" Now most of us would have shrugged and dismissed the idea. But Jesper, having a life-long interest in music, took it a step further. Why not, he thought. The result is the "Upstart Festival" that is due to take place on 25th September in Craig's Field.

The festival was to have been held last year but Covid put a stop to it. Hopefully, this year we will all get the chance for a good evening of music

Jesper Pedersen moved with his family from Denmark, at the age of nine. His father had a three-year contract with Little Island Engineering, but the family liked Glounthaune and Ireland so much that, 41 years later, they are still here. Jesper lives with his wife Carol and their two boys who both attend the National School.

Jesper himself attended the National School in Glounthaune Village and later in the "new" school and has been running a small business from his home in Glounthaune. He is also a coach with Leaside's u-9s.

Jesper commented: "This GCA event has been planned and is being run with the help of a really great team of volunteers both on our Event Planning Team and our Stewarding Team, all friends and neighbours from the area. We have a fantastic lineup with two local bands and two bands from the city. I would really like to thank everyone who has helped make the event possible."

Let's all give it the support it deserves.



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What's Going On



GCC= Glounthaune Community Centre CC= Church Centre

BOOKINGS OF CENTRE BY GROUPS MUST ADHERE TO COVID-19 PUBLIC HEALTH ADVICE

GLOUNTHAUNE COMMUNITY CENTRE: to book rooms for your event/meeting call 021 451 0470, email thegcacork@gmail.com

MEN'S SHED: Contact Garry Tomlins 086 231 3963, Tuesdays 10:00am to 12:00am, Wednesday 19:30 - 22:00 13, Rockgrove

GLOUNTHAUNE TIDY TOWNS: Contact Angela Reidy 087 413 4726, angelreidy.m@gmail.com

KATE CUDDY YOGA: 086 - 8214002, katecuddy@gmail.com

GAEILGE BHEO/IRISH SPEAKING CLUB: Contact: Lena Ui Dhubhghail 021 - 4353288

PROBUS: Contact Terry Fleming + 353 (0)87 254 7896.

ACTIVE RETIREMENT: Contact Jill McNamara 086 813 880

MEALS-ON-WHEELS: Contact: Pauline Walsh 087-270409. new cooks, drivers, always welcome

GLOUNTHAUNE BRIDGE CLUB: Contact Jim Mason tel (086)2666792/ 4353708.

GLOUNTHAUNE RUNNING GROUP: Get fit for 2021. Meet at Fitzpatrick's. Tuesday Thurs, Sat. All welcome. Organised by "Whats App" send number to Richard on 086 834 4659 to be included in this group.

INDOOR BOWLS: Meet Erin's Own 8pm. Thursdays

SEANOIRI: Contact Peggy Dunne 087 778 6357

GLOUNTHAUNE CHURCH CHOIR: Contact: Ita 0863553120 or Michael Burke 085 143 5080 8pm.

GRAMOPHONE CIRCLE: Contact: Michael 021 4353642 or Valerie 021 4353733 CC

SENIOR LADIES EXERCISE CLASS: Contact Esther 087 236 1759

80TH SCOUTS: Contact: Richard Crowley (085) 172 6561 80thcork@gmail.com
5 years to 18+ Boys and Girls. Beavers, Cubs, Scouts and Venture Scout sections.

ST VINCENT DE PAUL: Contact 021 4270444 or 087 152 0360

CATHOLIC CHURCH MASSES: Glounthaune: Sat. at 6pm and Sun. at 12noon. Mon.-Wed. at 10am. Web cam recording from Sacred Heart Church on all masses. Little Island: Sun. at 10.30am, Thur-Fri. at 10pm. Knockraha: Sun. at 9am. Working Holy Days: Knockraha 9am, Glounthaune 12noon, Little Island 7pm Parish Office: 021 4353366 or glounthauneparish@eircom.net

CHURCH OF IRELAND: Contact Neil Walker 087 247 9546

BAPTIST CHURCH: Contact Robert Ellis 083 346 7869

GLOUNTHAUNE RUNNING GROUP: The local Glounthaune running group started their annual couch to 5k program on June 9th last. 30 runners turned up for our first session, and in line with social distancing protocols, we established two groups within the larger group. We are slowly building up the time running with the aim of being able to run continuously for 30 minutes by the start of August. There is a great camaraderie amongst the group, and it feels great to be out in the fresh air on the warm summer evenings.